BOYS WSCCCA 2021 ALL-STATE TEAM BY TIME

1	Isaac Teeples	12	14:58.0	Kamiakin	4A
2	Jamar Distel	12	15:00.5	Riverside	1A
3	William Schneider	11	15:17.1	Bishop Blanchet	3A
4	Ethan Coleman	12	15:32.7	Olympia	4A
5	Brandon Moore	12	15:34.2	Arlington	3A
6	Cooper Quigley	12	15:38.3	Selah	2A
7	Luke Alfonso	12	15:42.3	Stadium	3A
8	Vincent Recupero	9	15:47.3	Bishop Blanchet	3A
9	Grayson Wilcott	12	15:50.3	Kamiakin	4A
10	Brody Hartley	11	15:51.7	Walla Walla	3A
11	Jacob Alfonso	12	15:55.5	Stadium	3A
12	Daniel Barna	12	15:56.4	Columbia River	2A
13	Sam Jacobsen	12	15:56.5	Newport (Bellevue)	4A
14	Ethan Pedersen	11	15:56.9	Eastlake	4A
15	Maxim Serafimovici	12	15:57.6	Curtis	4A
16	Hale Behan	12	16:00.5	Sammamish	2A
17	Brennen Rickey	10	16:01.4	Issaquah	4A
18	Cruize Corvin	11	16:04.5	Lakes	3A
19	Kidus Kassa	12	16:06.6	Foster	2A
20	Brycen Gardner	12	16:08.0	Mead	3A
21	Evan Bruce	11	16:09.4	Lewis and Clark	4A
22	Zander Trevino	11	16:10.0	Lakes	3A
23	Aiden Emerson	12	16:12.4	Arlington	3A
24	Will Giesen	11	16:13.4	Bellingham	2A
25	Carter Joy	11	16:13.7	Seattle Prep	3A
26	Cody Goth	12	16:15.3	Steilacoom	2A
27	Kelton Gagnon	12	16:16.7	Klahowya	1A
28	Reid Headrick	11	16:16.8	Medical Lake	1A
29	John Hoffer	11	16:17.2	Tumwater	2A
30	Jackson Hammons	12	16:17.3	Kamiak	4A
31	Stephen Bleakley-Harris	11	16:17.5	Northwest	1A
32	Micah Galeana	11	16:18.3	Gig Harbor	3A
33	Eric Swedin	11	16:18.4	Selah	2A
34	Jonah Aden	12	16:18.6	North Central	3A
35	Noah Zahn	11	16:19.4	Eastlake	4A
36	Conner Wirth	11	16:20.0	Emerald Ridge	4A
37	Khalid Hirsi	12	16:20.1	Cleveland (WA)	3A
38	Blake Reynolds	10	16:20.1	Central Kitsap	3A
39	Will Newberg	12	16:20.4	Gig Harbor	3A
40	Tyler Graff	12	16:21.9	Bishop Blanchet	3A
41	Ryan Lewis	11	16:22.3	Tahoma	4A
42	Luke Schmidt	11	16:23.0	Shorecrest	3A
43	Amha Alemeneh	12	16:23.4	Eisenhower	4A
44	Isaac Briggs	11	16:24.8	Rogers (Puyallup)	4A
45	Drew Oliver	11	16:25.5	Bishop Blanchet	3A
46	Tyler Campbell	11	16:25.7	Gig Harbor	3A
47	Kiefer Law	12	16:26.2	Sehome	2A
48	Jack Gladfelter	11	16:27.3	Port Angeles	2A
49	Oscar Pont	12	16:28.9	Newport (Bellevue)	4A
50	Charlie Martinez	12	16:29.4	Lakeside (Seattle)	3A

GIRLS WSCCCA 2021 ALL-STATE TEAM BY TIME

1	Macy Marquardt	12	17:31.7	Kennewick	3A
2	Ella Borsheim	12	17:51.1	Bellarmine Prep	4A
3	Anna Callahan	10	17:58.6	Skyline	4A
4	Jessica Frydenlund	11	17:58.8	Anacortes	2A
5	Alexis Leone	10	18:05.2	Seton Catholic	1A
6	Sydney Collier	9	18:06.6	Skyline	4A
7	Kayla Aalpoel	12	18:07.4	Meridian (WA)	1A
8	Logan Hofstee	10	18:18.8	East Valley (Spokane)	2A
9	Audrey Thronson	12	18:27.2	Lewis and Clark	4A
10	Lily O'Donoghue-McDonald	12	18:29.4	Seattle Prep	3A
11	Chloe Overberg	12	18:36.0	Asotin	1B/2B
12	Alauna Carstens	12	18:36.5	Shelton	2A
13	Kate Laurent	12	18:36.6	Ellensburg	2A
14	Lily LaPorte	9	18:43.9	Bishop Blanchet	3A
15	Hannah Lee	11	18:45.7	Peninsula	3A
16	Riley Pyeatt	12	18:50.0	Sequim	2A
17	Julia Couch	9	18:50.4	Auburn Riverside	3A
18	Paige Gerrard	10	18:51.8	Snohomish	3A
19	Hailey Cossey	9	18:52.7	Mt Si	4A
20	Katherine Yahn	11	18:52.7	Issaquah	4A
21	Elektra Higgins	9	18:53.9	Peninsula	3A
22	Sara Sanders	11	18:53.9	Tahoma	4A
23	Jane Roos	9	18:54.2	Eastlake	4A
24	Hannah Hilton	12	18:54.3	Eisenhower	4A
25	Aubrey Harrington	12	18:54.8	Capital	3A
26	Addison Craig	10	18:54.9	Mt Si	4A
27	Alanna Parker	12	18:56.2	Mead	3A
28	Emily Van Valkenburg	10	18:59.6	Eastlake	4A
29	Reese Morkert	11	19:01.5	Gig Harbor	3A
30	Elle Thomas	10	19:02.1	Washougal	2A
31	Eliza White	10	19:02.4	Curtis	4A
32	Fiona Wolf	9	19:04.8	Eastlake	4A
33	Sariah Hepworth	12	19:08.5	Walla Walla	3A
34	Sally Roos	9	19:09.1	Eastlake	4A
35	Sabrina Colbert	10	19:09.4	Franklin (WA)	3A
36	Claire Archer	12	19:09.5	Roosevelt (WA)	3A
37	Kaia Szymczak	11	19:12.5	Sehome	2A
38	Taylor Sletner	9	19:13.0	Gig Harbor	3A
39	Jemma Willcox	12	19:13.3	Edmonds-Woodway	3A
40	Alice Groza	12	19:13.8	Lewis and Clark	4A
41	Matise Mulch	12	19:13.9	Lakeside (Nine Mile)	1A
42	Josephine Stevenson	11	19:14.3	Bellarmine Prep	4A
43	Sonja Blycker	12	19:15.5	Cedarcrest	2A
44	Charlotte Wilson	10	19:15.6	Union	4A
45	Alexis Canovali-McKenzie	11	19:16.8	Monroe	3A
46	Sydnee Boothby	11	19:17.0	Washougal	2A
47	Katie Murdock	10	19:17.1	West Valley (Yakima)	4A
48	Kaitlyn Adamson	12	19:17.5	West Valley (Spokane)	2A
49	Natalie Ruzauskas	12	19:17.9	Richland	4A
50	Daniela Sekhar	12	19:18.6	Seattle Prep	3A
51	Eden Michael	12	19:18.8	Bainbridge	3A

BOYS WSCCCA 2021 ALL-STATE TEAM BY CLASSIFICATION

Isaac Teeples	12	14:57.9	Kamiakin	4A
Ethan Coleman	12	15:32.7	Olympia	4A
Grayson Wilcott	12	15:50.3	Kamiakin	4A
Sam Jacobsen	12	15:56.5	Newport (Bellevue)	4A
Ethan Pedersen	11	15:56.9	Eastlake	4A
Maxim Serafimovici	12	15:57.6	Curtis	4A
Brennen Rickey	10	16:01.4	Issaquah	4A
Evan Bruce	11	16:09.4	Lewis and Clark	4A
Jackson Hammons	12	16:17.3	Kamiak	4A
Noah Zahn	11	16:19.4	Eastlake	4A
Conner Wirth	11	16:20.0	Emerald Ridge	4A
Ryan Lewis	11	16:22.3	Tahoma	4A
Amha Alemeneh	12	16:23.4	Eisenhower	4A
Isaac Briggs	11	16:24.8	Rogers (Puyallup)	4A
Oscar Pont	12	16:28.9	Newport (Bellevue)	4A
William Schneider	11	15:17.1	Bishop Blanchet	3A
Brandon Moore	12	15:34.2	Arlington	3A
Luke Alfonso	12	15:42.3	Stadium	3A
Vincent Recupero	9	15:47.3	Bishop Blanchet	3A
Brody Hartley	11	15:51.7	Walla Walla	3A
Jacob Alfonso	12	15:55.5	Stadium	3A
Cruize Corvin	11	16:04.5	Lakes	3A
Brycen Gardner	12	16:08.0	Mead	3A
Zander Trevino	11	16:10.0	Lakes	3A
Aiden Emerson	12	16:12.4	Arlington	3A
Carter Joy	11	16:13.7	Seattle Prep	3A
Micah Galeana	11	16:18.3	Gig Harbor	3A
Jonah Aden	12	16:18.6	North Central	3A
Khalid Hirsi	12	16:20.1	Cleveland (WA)	3A
Blake Reynolds	10	16:20.1	Central Kitsap	3A
Will Newberg	12	16:20.4	Gig Harbor	3A
Tyler Graff	12	16:21.9	Bishop Blanchet	3A
Luke Schmidt	11	16:23.0	Shorecrest	3A
Drew Oliver	11	16:25.5	Bishop Blanchet	3A
Tyler Campbell	11	16:25.7	Gig Harbor	3A
Charlie Martinez	12	16:29.4	Lakeside (Seattle)	3A
Cooper Quigley	12	15:38.3	Selah	2A
Daniel Barna	12	15:56.4	Columbia River	2A
Hale Behan	12	16:00.5	Sammamish	2A
Kidus Kassa	12	16:06.6	Foster	2A
Will Giesen	11	16:13.4	Bellingham	2A
Cody Goth	12	16:15.3	Steilacoom	2A
John Hoffer	11	16:17.2	Tumwater	2A
Eric Swedin	11	16:18.4	Selah	2A
Kiefer Law	12	16:26.2	Sehome	2A
Jack Gladfelter	11	16:27.3	Port Angeles	2A
Jamar Distel	12	15:00.5	Riverside	1A
Kelton Gagnon	12	16:16.7	Klahowya	1A
Reid Headrick	11	16:16.8	Medical Lake	1A
Stephen Bleakley-Harris	11	16:17.5	Northwest	1A

GIRLS WSCCCA 2021 ALL-STATE TEAM BY CLASSIFICATION

Ella Borsheim	12	17:51.1	Bellarmine Prep	4A
Anna Callahan	10	17:58.6	Skyline	4A
Sydney Collier	9	18:06.6	Skyline	4A
Audrey Thronson	12	18:27.2	Lewis and Clark	4A
Hailey Cossey	9	18:52.7	Mt Si	4A
Katherine Yahn	11	18:52.7	Issaquah	4A
Sara Sanders	11	18:53.9	Tahoma	4A
Jane Roos	9	18:54.2	Eastlake	4A
Hannah Hilton	12	18:54.3	Eisenhower	4A
Addison Craig	10	18:54.9	Mt Si	4A
Emily Van Valkenburg	10	18:59.6	Eastlake	4A
Eliza White	10	19:02.4	Curtis	4A
Fiona Wolf	9	19:04.8	Eastlake	4A
Sally Roos	9	19:09.1	Eastlake	4A
Alice Groza	12	19:13.8	Lewis and Clark	4A
Josephine Stevenson	11	19:14.3	Bellarmine Prep	4A
Charlotte Wilson	10	19:15.6	Union	4A
Katie Murdock	10	19:17.1	West Valley (Yakima)	4A
Natalie Ruzauskas	12	19:17.9	Richland	4A
Macy Marquardt	12	17:31.7	Kennewick	3A
Lily O'Donoghue-McDonald	12	18:29.4	Seattle Prep	3A
Lily LaPorte	9	18:43.9	Bishop Blanchet	3A
Hannah Lee	11	18:45.7	Peninsula	3A
Julia Couch	9	18:50.4	Auburn Riverside	3A
Paige Gerrard	10	18:51.8	Snohomish	3A
Elektra Higgins	9	18:53.9	Peninsula	3A
Aubrey Harrington	12	18:54.8	Capital	3A
Alanna Parker	12	18:56.2	Mead	3A
Reese Morkert	11	19:01.5	Gig Harbor	3A
Sariah Hepworth	12	19:08.5	Walla Walla	3A
Sabrina Colbert	10	19:09.4	Franklin (WA)	3A
Claire Archer	12	19:09.5	Roosevelt (WA)	3A
Taylor Sletner	9	19:13.0	Gig Harbor	3A
Jemma Willcox	12	19:13.3	Edmonds-Woodway	3A
Alexis Canovali-McKenzie	11	19:16.8	Monroe	3A
Daniela Sekhar	12	19:18.6	Seattle Prep	3A
Eden Michael	12	19:18.8	Bainbridge	3A
Jessica Frydenlund	11	17:58.8	Anacortes	2A
Logan Hofstee	10	18:18.8	East Valley (Spokane)	2A
Alauna Carstens	12	18:36.5	Shelton	2A
Kate Laurent	12	18:36.6	Ellensburg	2A
Riley Pyeatt	12	18:50.0	Sequim	2A
Elle Thomas	10	19:02.1	Washougal	2A
Kaia Szymczak	11	19:12.5	Sehome	2A
Sonja Blycker	12	19:15.5	Cedarcrest	2A
Sydnee Boothby	11	19:17.0	Washougal	2A
Kaitlyn Adamson	12	19:17.5	West Valley (Spokane)	2A
Alexis Leone	10	18:05.2	Seton Catholic	1A
Kayla Aalpoel	12	18:07.4	Meridian (WA)	1A
Matise Mulch	12	19:13.9	Lakeside (Nine Mile)	1A
Chloe Overberg	12	18:36.0	Asotin	1B/2B

BOYS WSCCCA 2019 ALL-STATE TEAM BY GRADE

Isaac Teeples	12	14:57.9	Kamiakin	4A
Jamar Distel	12	15:00.5	Riverside	1A
Ethan Coleman	12	15:32.7	Olympia	4A
Brandon Moore	12	15:34.2	Arlington	3A
Cooper Quigley	12	15:38.3	Selah	2A
Luke Alfonso	12	15:42.3	Stadium	3A
Grayson Wilcott	12	15:50.3	Kamiakin	4A
Jacob Alfonso	12	15:55.5	Stadium	3A
Daniel Barna	12	15:56.4	Columbia River	2A
Sam Jacobsen	12	15:56.5	Newport (Bellevue)	4A
Maxim Serafimovici	12	15:57.6	Curtis	4A
Hale Behan	12	16:00.5	Sammamish	2A
Kidus Kassa	12	16:06.6	Foster	2A
Brycen Gardner	12	16:08.0	Mead	3A
Aiden Emerson	12	16:12.4	Arlington	3A
Cody Goth	12	16:15.3	Steilacoom	2A
Kelton Gagnon	12	16:16.7	Klahowya	1A
Jackson Hammons	12	16:17.3	Kamiak	4A
Jonah Aden	12	16:18.6	North Central	3A
Khalid Hirsi	12	16:20.1	Cleveland (WA)	3A
Will Newberg	12	16:20.4	Gig Harbor	3A
Tyler Graff	12	16:21.9	Bishop Blanchet	3A
Amha Alemeneh	12	16:23.4	Eisenhower	4A
Kiefer Law	12	16:26.2	Sehome	2A
Oscar Pont	12	16:28.9	Newport (Bellevue)	4A
Charlie Martinez	12	16:29.4	Lakeside (Seattle)	3A
William Schneider	11	15:17.1	Bishop Blanchet	3A
Brody Hartley	11	15:51.7	Walla Walla	3A
Ethan Pedersen	11	15:56.9	Eastlake	4A
Cruize Corvin	11	16:04.5	Lakes	3A
Evan Bruce	11	16:09.4	Lewis and Clark	4A
Zander Trevino	11	16:10.0	Lakes	3A
Will Giesen	11	16:13.4	Bellingham	2A
Carter Joy	11	16:13.7	Seattle Prep	3A
Reid Headrick	11	16:16.8	Medical Lake	1A
John Hoffer	11	16:17.2	Tumwater	2A
Stephen Bleakley-Harris	11	16:17.5	Northwest	1A
Micah Galeana	11	16:18.3	Gig Harbor	3A
Eric Swedin	11	16:18.4	Selah	2A
Noah Zahn	11	16:19.4	Eastlake	4A
Conner Wirth	11	16:20.0	Emerald Ridge	4A
Ryan Lewis	11	16:22.3	Tahoma	4A
Luke Schmidt	11	16:23.0	Shorecrest	3A
Isaac Briggs	11	16:24.8	Rogers (Puyallup)	4A
Drew Oliver	11	16:25.5	Bishop Blanchet	3A
Tyler Campbell	11	16:25.7	Gig Harbor	3A
Jack Gladfelter	11	16:27.3	Port Angeles	2A
Brennen Rickey	10	16:01.4	Issaquah	4A
Blake Reynolds	10	16:20.1	Central Kitsap	3A
Vincent Recupero	9	15:47.3	Bishop Blanchet	3A

GIRLS WSCCCA 2019 ALL-STATE TEAM BY GRADE

Macy Marquardt	12	17:31.7	Kennewick	3A
Ella Borsheim	12	17:51.1	Bellarmine Prep	4A
Kayla Aalpoel	12	18:07.4	Meridian (WA)	1A
Audrey Thronson	12	18:27.2	Lewis and Clark	4A
Lily O'Donoghue-McDonald	12	18:29.4	Seattle Prep	3A
Chloe Overberg	12	18:36.0	Asotin	1B/2B
Alauna Carstens	12	18:36.5	Shelton	2A
Kate Laurent	12	18:36.6	Ellensburg	2A
Riley Pyeatt	12	18:50.0	Sequim	2A
Hannah Hilton	12	18:54.3	Eisenhower	4A
Aubrey Harrington	12	18:54.8	Capital	3A
Alanna Parker	12	18:56.2	Mead	3A
Sariah Hepworth	12	19:08.5	Walla Walla	3A
Claire Archer	12	19:09.5	Roosevelt (WA)	3A
Jemma Willcox	12	19:13.3	Edmonds-Woodway	3A
Alice Groza	12	19:13.8	Lewis and Clark	4A
Matise Mulch	12	19:13.9	Lakeside (Nine Mile)	1A
Sonja Blycker	12	19:15.5	Cedarcrest	2A
Kaitlyn Adamson	12	19:17.5	West Valley (Spokane)	2A
Natalie Ruzauskas	12	19:17.9	Richland	4A
Daniela Sekhar	12	19:18.6	Seattle Prep	3A
Eden Michael	12	19:18.8	Bainbridge	3A
Jessica Frydenlund	11	17:58.8	Anacortes	2A
Hannah Lee	11	18:45.7	Peninsula	3A
Katherine Yahn	11	18:52.7	Issaquah	4A
Sara Sanders	11	18:53.9	Tahoma	4A
Reese Morkert	11	19:01.5	Gig Harbor	3A
Kaia Szymczak	11	19:12.5	Sehome	2A
Josephine Stevenson	11	19:14.3	Bellarmine Prep	4A
Alexis Canovali-McKenzie	11	19:16.8	Monroe	3A
Sydnee Boothby	11	19:17.0	Washougal	2A
Anna Callahan	10	17:58.6	Skyline	4A
Alexis Leone	10	18:05.2	Seton Catholic	1A
Logan Hofstee	10	18:18.8	East Valley (Spokane)	2A
Paige Gerrard	10	18:51.8	Snohomish	3A
Addison Craig	10	18:54.9	Mt Si	4A
Emily Van Valkenburg	10	18:59.6	Eastlake	4A
Elle Thomas	10	19:02.1	Washougal	2A
Eliza White	10	19:02.4	Curtis	4A
Sabrina Colbert	10	19:09.4	Franklin (WA)	3A
Charlotte Wilson	10	19:15.6	Union	4A
Katie Murdock	10	19:17.1	West Valley (Yakima)	4A
Sydney Collier	9	18:06.6	Skyline	4A
Lily LaPorte	9	18:43.9	Bishop Blanchet	3A
Julia Couch	9	18:50.4	Auburn Riverside	3A
Hailey Cossey	9	18:52.7	Mt Si	4A
Elektra Higgins	9	18:53.9	Peninsula	3A
Jane Roos	9	18:54.2	Eastlake	4A
Fiona Wolf	9	19:04.8	Eastlake	4A
Sally Roos	9	19:09.1	Eastlake	4A
Taylor Sletner	9	19:13.0	Gig Harbor	3A

BOYS WSCCCA 2019 ALL-STATE TEAM BY SCHOOL

Brandon Moore	12	15:34.2	Arlington	3A
Aiden Emerson	12	16:12.4	Arlington	3A
Will Giesen	11	16:13.4	Bellingham	2A
William Schneider	11	15:17.1	Bishop Blanchet	3A
Vincent Recupero	9	15:47.3	Bishop Blanchet	3A
Tyler Graff	12	16:21.9	Bishop Blanchet	3A
Drew Oliver	11	16:25.5	Bishop Blanchet	3A
Blake Reynolds	10	16:20.1	Central Kitsap	3A
Khalid Hirsi	12	16:20.1	Cleveland (WA)	3A
Daniel Barna	12	15:56.4	Columbia River	2A
Maxim Serafimovici	12	15:57.6	Curtis	4A
Ethan Pedersen	11	15:56.9	Eastlake	4A
Noah Zahn	11	16:19.4	Eastlake	4A
Amha Alemeneh	12	16:23.4	Eisenhower	4A
Conner Wirth	11	16:20.0	Emerald Ridge	4A
Kidus Kassa	12	16:06.6	Foster	2A
Micah Galeana	11	16:18.3	Gig Harbor	3A
Will Newberg	12	16:20.4	Gig Harbor	3A
Tyler Campbell	11	16:25.7	Gig Harbor	3A
Brennen Rickey	10	16:01.4	Issaquah	4A
Jackson Hammons	12	16:17.3	Kamiak	4A
Isaac Teeples	12	14:57.9	Kamiakin	4A
Grayson Wilcott	12	15:50.3	Kamiakin	4A
Kelton Gagnon	12	16:16.7	Klahowya	1A
Cruize Corvin	11	16:04.5	Lakes	3A
Zander Trevino	11	16:10.0	Lakes	3A
Charlie Martinez	12	16:29.4	Lakeside (Seattle)	3A
Evan Bruce	11	16:09.4	Lewis and Clark	4A
Brycen Gardner	12	16:08.0	Mead	3A
Reid Headrick	11	16:16.8	Medical Lake	1A
Sam Jacobsen	12	15:56.5	Newport (Bellevue)	4A
Oscar Pont	12	16:28.9	Newport (Bellevue)	4A
Jonah Aden	12	16:18.6	North Central	3A
Stephen Bleakley-Harris	11	16:17.5	Northwest	1A
Ethan Coleman	12	15:32.7	Olympia	4A
Jack Gladfelter	11	16:27.3	Port Angeles	2A
Jamar Distel	12	15:00.5	Riverside	1A
Isaac Briggs	11	16:24.8	Rogers (Puyallup)	4A
Hale Behan	12	16:00.5	Sammamish	2A
Carter Joy	11	16:13.7	Seattle Prep	3A
Kiefer Law	12	16:26.2	Sehome	2A
Cooper Quigley	12	15:38.3	Selah	2A
Eric Swedin	11	16:18.4	Selah	2A
Luke Schmidt	11	16:23.0	Shorecrest	3A
Luke Alfonso	12	15:42.3	Stadium	3A
Jacob Alfonso	12	15:55.5	Stadium	3A
Cody Goth	12	16:15.3	Steilacoom	2A
Ryan Lewis	11	16:22.3	Tahoma	4A
John Hoffer	11	16:17.2	Tumwater	2A
Brody Hartley	11	15:51.7	Walla Walla	3A

GIRLS WSCCCA 2019 ALL-STATE TEAM BY SCHOOL

Jessica Frydenlund	11	17:58.8	Anacortes	2A
Chloe Overberg	12	18:36.0	Asotin	1B/2B
Julia Couch	9	18:50.4	Auburn Riverside	3A
Eden Michael	12	19:18.8	Bainbridge	3A
Ella Borsheim	12	17:51.1	Bellarmine Prep	4A
Josephine Stevenson	11	19:14.3	Bellarmine Prep	4A
Lily LaPorte	9	18:43.9	Bishop Blanchet	3A
Aubrey Harrington	12	18:54.8	Capital	3A
Sonja Blycker	12	19:15.5	Cedarcrest	2A
Eliza White	10	19:02.4	Curtis	4A
Logan Hofstee	10	18:18.8	East Valley (Spokane)	2A
Jane Roos	9	18:54.2	Eastlake	4A
Emily Van Valkenburg	10	18:59.6	Eastlake	4A
Fiona Wolf	9	19:04.8	Eastlake	4A
Sally Roos	9	19:09.1	Eastlake	4A
Jemma Willcox	12	19:13.3	Edmonds-Woodway	3A
Hannah Hilton	12	18:54.3	Eisenhower	4A
Kate Laurent	12	18:36.6	Ellensburg	2A
Sabrina Colbert	10	19:09.4	Franklin (WA)	3A
Reese Morkert	11	19:01.5	Gig Harbor	3A
Taylor Sletner	9	19:13.0	Gig Harbor	3A
Katherine Yahn	11	18:52.7	Issaquah	4A
Macy Marquardt	12	17:31.7	Kennewick	3A
Matise Mulch	12	19:13.9	Lakeside (Nine Mile)	1A
Audrey Thronson	12	18:27.2	Lewis and Clark	4A
Alice Groza	12	19:13.8	Lewis and Clark	4A
Alanna Parker	12	18:56.2	Mead	3A
Kayla Aalpoel	12	18:07.4	Meridian (WA)	1A
Alexis Canovali-McKenzie	11	19:16.8	Monroe	3A
Hailey Cossey	9	18:52.7	Mt Si	4A
Addison Craig	10	18:54.9	Mt Si	4A
Hannah Lee	11	18:45.7	Peninsula	3A
Elektra Higgins	9	18:53.9	Peninsula	3A
Natalie Ruzauskas	12	19:17.9	Richland	4A
Claire Archer	12	19:09.5	Roosevelt (WA)	3A
Lily O'Donoghue-McDonald	12	18:29.4	Seattle Prep	3A
Daniela Sekhar	12	19:18.6	Seattle Prep	3A
Kaia Szymczak	11	19:12.5	Sehome	2A
Riley Pyeatt	12	18:50.0	Sequim	2A
Alexis Leone	10	18:05.2	Seton Catholic	1A
Alauna Carstens	12	18:36.5	Shelton	2A
Anna Callahan	10	17:58.6	Skyline	4A
Sydney Collier	9	18:06.6	Skyline	4A
Paige Gerrard	10	18:51.8	Snohomish	3A
Sara Sanders	11	18:53.9	Tahoma	4A
Charlotte Wilson	10	19:15.6	Union	4A
Sariah Hepworth	12	19:08.5	Walla Walla	3A
Elle Thomas	10	19:02.1	Washougal	2A
Sydnee Boothby	11	19:17.0	Washougal	2A
Kaitlyn Adamson	12	19:17.5	West Valley (Spokane)	2A
Katie Murdock	10	19:17.1	West Valley (Yakima)	4A