

2019 Cross Country Coaches Poll,
 Week of Oct. 28, #9

Rank	Boys 4A
1	Tahoma
2	Camas
3	Henry Jackson
4	Lewis & Clark
5	Mead
6	Curtis
7	Olympia
8	Newport-Bellevue
9	Central Valley
10	Mt. Si
Others	Sumner, Gonzaga Prep, Woodinville & West Valley

Rank	Boys 3A
1	Kamiakin
2	Bishop Blanchet
3	North Central
4	Rogers-Spokane
5	Arlington
6	Interlake
7	Yelm
8	Mt. Spokane
9	Stadium
10	North Thurston
Others	O' Dea, Ballard, & Seattle Prep

Rank	Boys 2A
1	Sehome
2	Steilacoom
3	Ellensburg
4	Bellingham
5	Columbia River
6	Sedro-Wolley
7	Selah
8	Lynden
9	Pullman
10	Tumwater
Others	Lakewood, Ridgefield & West Valley-Spokane

Rank	Boys 1A
1	Medical Lake
2	Lakeside-Nine Mile Falls
3	South Whidbey
4	Klahowya
5	Cascade-Leavenworth
6	Cashmere
7	Charles Wright Academy
8	Northwest
9	Riverside
10	Columbia-White Salmon
Others	Connell, University, Chelan & King's

Rank	Boys 1B/2B
1	Northwest Christian-Lacey
2	Pope John Paul II
3	Manson
4	Asotin
5	Trout Lake
6	Valley Christian
7	St. George's
8	Liberty Bell
9	Davenport
10	Life Christian Academy
Others	Brewster, Three Rivers Christian & St. George's

Rank	Girls 4A
1	Camas
2	Redmond
3	Tahoma
4	Eastlake
5	Bellarmino Prep
6	Lewis & Clark
7	Glacier Peak
8	Central Valley
9	Richland
10	Eisenhower
Others	Skyline, Woodville, Lake Stevens & Bothell

Rank	Girls 3A
1	North Central
2	Central Kitsap
3	Holy Names Academy
4	Arlington
5	Bishop Blanchet
6	Kamiakin
7	Kennewick
8	Marysville-Getchell
9	Ingraham
10	Stadium
Others	Ballard, Roosevelt, & Capital

Rank	Girls 2A
1	Ellensburg
2	Sehome
3	Bellingham
4	Columbia River
5	Ridgefield
6	Cedarcrest
7	Sedro- Wolley
8	Lynden
9	Selah
10	Tumwater
Others	Mountlake Terrace, Lakewood & Anacortes

Rank	Girls 1A
1	Lakeside- Nine Mile Falls
2	La Center
3	King's
4	Deer Park
5	Klahowya
6	Northwest
7	Seton Catholic
8	Bush
9	Cashmere
10	Medical Lake
Others	Goldendale, Chelan, Lynden Christian & South Whidbey

Rank	Girls 1B/2B
1	Liberty Bell
2	Pope John Paul II
3	Northwest Christian-Lacey
4	Cedar Tree Classical Christian
5	Kettle Falls
6	Illwaco
7	St. George's
8	Trout Lake
9	Rainier
10	Manson
Others	Adna, Garfield-Palouse, Colfax & Morton White Pass