

2019 Cross Country Coaches Poll,  
Week of Sept 23, #4

|               |  |               |  |
|---------------|--|---------------|--|
| <b>Rank</b>   | <b>Boys 4A</b>                                     | <b>Rank</b>   | <b>Girls 4A</b>                              |
| 1             | Tahoma   | 1             | Camas  |
| 2             | Camas  | 2             | Lewis & Clark                                |
| 3             | Mead   | 3             | Glacier Peak                                 |
| 4             | Gonzaga Prep                                       | 4             | Richland                                     |
| 5             | Lewis & Clark                                      | 5             | Bellarmine Prep                              |
| 6             | Olympia  | 6             | South Kitsap                                 |
| 7             | Sumner   | 7             | Glacier Peak                                 |
| 8             | Mt. Si   | 8             | Tahoma                                       |
| 9             | Eisenhower   | 9             | South Kitsap                                 |
| 10            | Glacier Peak                                       | 10            | Skyline                                      |
| <b>Others</b> | South Kitsap, Newport-Bellevue & West Valley       | <b>Others</b> | Woodville, Newport-Bellevue & Roger-Puyallup |
| <b>Rank</b>   | <b>Boys 3A</b>                                     | <b>Rank</b>   | <b>Girls 3A</b>                              |
| 1             | Kamiakin   | 1             | North Central                                |
| 2             | Rogers-Spokane                                     | 2             | Holy Names Academy                           |
| 3             | North Central                                      | 3             | Ingraham                                     |
| 4             | Bishop Blanchet                                    | 4             | Capital                                      |
| 5             | Seattle Prep                                       | 5             | Arlington                                    |
| 6             | Stadium  | 6             | Central Kitsap                               |
| 7             | Interlake  | 7             | Bishop Blanchet                              |
| 8             | Mt. Spokane  | 8             | Ballard                                      |
| 9             | Arlington  | 9             | Roosevelt                                    |
| 10            | O; Dea   | 10            | Snohomish                                    |
| <b>Others</b> | Lake Washington, Ballard, Yelm & Garfield          | <b>Others</b> | Garfield, Hermiston-OR, Stadium & Kennewick  |
| <b>Rank</b>   | <b>Boys 2A</b>                                     | <b>Rank</b>   | <b>Girls 2A</b>                              |
| 1             | Sehome   | 1             | West Valley-Spokane                          |
| 2             | Steilacoom   | 2             | Ellensburg                                   |
| 3             | Ellensburg   | 3             | Sehome                                       |
| 4             | Cheney   | 4             | Bellingham                                   |
| 5             | Columbia River                                     | 5             | Cedarcrest                                   |
| 6             | Selah  | 6             | Pullman                                      |
| 7             | Pullman  | 7             | Cheney                                       |
| 8             | Mountlake Terrace                                  | 8             | Washougal                                    |
| 9             | Port Angeles                                       | 9             | Port Angeles                                 |
| 10            | North Kitsap                                       | 10            | Anacortes                                    |
| <b>Others</b> | Tumwater & White River                             | <b>Others</b> | Tumwater & Hockinson                         |
| <b>Rank</b>   | <b>Boys 1A</b>                                     | <b>Rank</b>   | <b>Girls 1A</b>                              |
| 1             | Lakeside-Nine Mile Falls                           | 1             | Lakeside- Nine Mile Falls                    |
| 2             | Medical Lake                                       | 2             | King's                                       |
| 3             | South Whidbey                                      | 3             | La Center                                    |
| 4             | Cascade-Leavenworth                                | 4             | Deer Park                                    |
| 5             | Charles Wright Academy                             | 5             | Northwest                                    |
| 6             | Riverside  | 6             | Seton Catholic                               |
| 7             | Northwest  | 7             | Cashmere                                     |
| 8             | Cashmere   | 8             | Medical Lake                                 |
| 9             | Klahowya   | 9             | Bush   |
| 10            | Connell  | 10            | South Whidbey                                |
| <b>Others</b> | University Prep, Columbia-White Salmon & La Center | <b>Others</b> | Seattle Academy, Lynden Christian & Klahowya |
| <b>Rank</b>   | <b>Boys 1B/2B</b>                                  | <b>Rank</b>   | <b>Girls 1B/2B</b>                           |
| 1             | Northwest Christian-Lacey                          | 1             | Liberty Bell                                 |
| 2             | Pope John Paul II                                  | 2             | Northwest Christian-Lacey                    |
| 3             | Manson   | 3             | Cedar Tree Classical Christian               |
| 4             | Asotin   | 4             | Kettle Falls                                 |
| 5             | Brewster   | 5             | Pope John Paul II                            |
| 6             | Valley Christian                                   | 6             | Ilwaco                                       |
| 7             | St. George's                                       | 7             | Kettle Falls                                 |
| 8             | Trout Lake   | 8             | St. George's                                 |
| 9             | Davenport  | 9             | Trout Lake                                   |
| 10            | Morton-White Pass                                  | 10            | Rainier                                      |
| <b>Others</b> | Liberty Bell, Three Rivers Christian & Rainier     | <b>Others</b> | Manson, Adna & Republic                      |

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