

2019 Cross Country Coaches Poll,  
 Week of Sept 16,  
 #3

<b>Rank</b>	<b>Boys 4A</b>	<b>Rank</b>	<b>Girls 4A</b>
1	Tahoma	1	Camas
2	Camas	2	Lewis & Clark
3	Gonzaga Prep	3	Glacier Peak
4	Mead	4	Bellarmino Prep
5	Lewis & Clark	5	South Kitsap
6	University	6	Henry Jackson
7	Olympia	7	Redmond
8	Henry Jackson	8	Hanford
9	Central Valley	9	Emerald Ridge
10	Glacier Peak	10	Joel Ferris
<b>Others</b>	Curtis, Walla Walla, Mt. Si & Eisenhower	<b>Others</b>	Skyline, Rogers-Puyallup & Eisenhower
<b>Rank</b>	<b>Boys 3A</b>	<b>Rank</b>	<b>Girls 3A</b>
1	Kamiakin	1	North Central
2	North Central	2	Kamiakin
3	Bishop Blanchet	3	Eastside Catholic
4	Arlington	4	Holy Names Academy
5	Interlake	5	Snohomish
6	Stadium	6	Bishop Blanchet
7	Peninsula	7	Central Kitsap
8	Central Kitsap	8	Arlington
9	Shelton	9	Ballard
10	Edmonds-Woodway	10	Stadium
<b>Others</b>	Kelso, Snohomish & Nathan Hale	<b>Others</b>	Capital, Garfield, Prairie, Kennewick & Gig Harbor
<b>Rank</b>	<b>Boys 2A</b>	<b>Rank</b>	<b>Girls 2A</b>
1	Sehome	1	West Valley-Spokane
2	Steilacoom	2	Sehome
3	Ellensburg	3	Liberty
4	Selah	4	Cedarcrest
5	Columbia River	5	Bellingham
6	North Kitsap	6	Pullman
7	Pullman	7	Port Angeles
8	Liberty	8	Washougal
9	Bellingham	9	Ellensburg
10	Mountlake Terrace	10	Anacortes
<b>Others</b>	Tumwater, White River & Port Angeles	<b>Others</b>	Tumwater & Hockinson
<b>Rank</b>	<b>Boys 1A</b>	<b>Rank</b>	<b>Girls 1A</b>
1	Casacade-Leavenworth	1	Lakeside- Nine Mile Falls
2	Lakeside-Nine Mile Falls	2	King's
3	Charles Wright Academy	3	Northwest
4	King's	4	Seton Catholic
5	Medical Lake	5	Colville
6	South Whidbey	6	La Center
7	Columbia-White Salmon	7	Zillah
8	Klahowya	8	Klahowya
9	Connell	9	Cashmere
10	Zillah	10	Goldendale
<b>Others</b>	Northwest, Montesano & Seton Catholic	<b>Others</b>	South Whidbey, Overlake & Royal
<b>Rank</b>	<b>Boys 1B/2B</b>	<b>Rank</b>	<b>Girls 1B/2B</b>
1	Northwest Christian-Lacey	1	Liberty Bell
2	Pope John Paul II	2	Northwest Christian-Lacey
3	Manson	3	Cedar Tree Classical Christian
4	Asotin	4	Colfax
5	Colfax	5	Pope John Paul II
6	Life Christian Academy	6	Ilwaco
7	Ilwaco	7	Kettle Falls
8	Cedar Tree Classical Christian	8	White Swan
9	Valley Christian	9	Asotin
10	Wilbur-Creston	10	Rainier
<b>Others</b>	Morton-White Pass & Brewster	<b>Others</b>	Republic, Trout Lake & St. George's