

BOYS WSCCCA 2016 ALL-STATE TEAM BY TIME

1	Matthew Watkins	12	15:09.0	Henry Jackson	4A
2	Yacine Guermali	12	15:12.7	Camas	4A
3	Tibebu Proctor	12	15:22.3	Northwest	1A
4	Joe Waskom	10	15:23.1	Mt Si	4A
5	Amir Ado	12	15:30.2	Joel Ferris	4A
6	James Mwaura	11	15:32.8	Lincoln	3A
7	Alfonso Cuevas	10	15:39.2	Eisenhower	4A
8	Matthew Park	12	15:40.9	Edmonds-Woodway	3A
9	Dawson Besst	11	15:41.0	Tahoma	4A
10	Nate Pendleton	11	15:42.4	Eastlake	4A
11	Daniel Maton	10	15:43.0	Camas	4A
12	Cullen McEachern	12	15:43.2	Kamiak	4A
13	Hayden Dressel	12	15:43.4	Mt Spokane	3A
14	Ronan Price	12	15:44.7	Eisenhower	4A
15	Luke Houser	10	15:45.4	Woodinville	4A
16	Jacob Christner	12	15:46.5	North Central	3A
17	Cameron Wyman	12	15:47.3	Bellarmino Prep	4A
18	Silas Griffith	12	15:47.5	Ridgefield	1A
19	Riley Moore	10	15:47.9	Richland	4A
20	Jonah Franco	11	15:48.5	Kamiakin	3A
21	Ben Shaw	11	15:50.3	Riverside	1A
22	Ryan Kline	10	15:50.4	Central Valley	4A
23	Ben Jacot	12	15:52.7	Curtis	4A
24	Josh Rauvola	11	15:55.5	Archbishop Murphy	2A
25	Mereck Palazzo	12	15:55.9	Chelan	1A
26	Chanse Gilbert	12	15:56.2	Skyview	4A
27	Luke Schilter	12	15:56.4	NW Christian (Lacey)	B/2B
28	Gabe Romney	11	15:57.0	Central Valley	4A
29	Bradley Peloquin	10	15:57.6	Gig Harbor	3A
30	Hank Knight	12	15:58.7	North Central	3A
31	Kenneth Rooks	11	15:59.6	College Place	1A
32	James Parker	12	15:59.7	Anacortes	2A
33	James Konugres	12	16:00.0	Ballard	3A
34	Luke Ostrander	12	16:01.3	Bellarmino Prep	4A
35	Spencer Fischer	11	16:02.0	Bellarmino Prep	4A
36	Ethan Green	12	16:02.7	Ephrata	2A
37	Aaron Leavens	12	16:03.1	Snohomish	3A
38	Johan Correa	10	16:03.3	Kennewick	3A
39	Casey Bennett	11	16:06.7	Woodrow Wilson	3A
40	Nate Jensvold	12	16:06.9	Ellensburg	2A
41	Grant Van Valkenburg	11	16:06.9	Cedarcrest	2A
42	Ryan Child	10	16:06.9	Kamiakin	3A
43	Kevin Mullin	12	16:07.3	Arlington	3A
44	Jacob Nicholson	12	16:08.3	West Valley (Spokane)	2A
45	William Laird	12	16:08.9	Garfield	3A
46	Deven Patel	11	16:09.7	Bellarmino Prep	4A
47	Dante Paszkeicz	11	16:09.7	Interlake	3A
48	Henry Milodragovich	12	16:10.4	Garfield	3A
49	Isaac Mohn	11	16:12.0	O'Dea	3A
50	Riley McDowell	10	16:12.3	Glacier Peak	4A

BOYS WSCCCA 2016 ALL-STATE TEAM BY GRADE

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Henry Milodragovich	12	16:10.4	Garfield	3A
James Mwaura	11	15:32.8	Lincoln	3A
Dawson Besst	11	15:41.0	Tahoma	4A
Nate Pendleton	11	15:42.4	Eastlake	4A
Jonah Franco	11	15:48.5	Kamiakin	3A
Ben Shaw	11	15:50.3	Riverside	1A
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Josh Rauvola	11	15:55.5	Archbishop Murphy	2A
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Jacob Nicholson	12	16:08.3	West Valley (Spokane)	2A
Tibebu Proctor	12	15:22.3	Northwest	1A
Silas Griffith	12	15:47.5	Ridgefield	1A
Ben Shaw	11	15:50.3	Riverside	1A
Mereck Palazzo	12	15:55.9	Chelan	1A
Kenneth Rooks	11	15:59.6	College Place	1A
Luke Schilter	12	15:56.4	NW Christian (Lacey)	B/2B

BOYS WSCCCA 2016 ALL-STATE

Last time 16:13

1:03 from 1 to 50

21 from 4A

17 from 3A

6 from 2A

5 from 1A

1 from 1B/2B

26 Seniors

14 Juniors

10 Sophomores

16 All-State in 2016

out of 19 possible

returners from 2015

34 Singles

4 Bellarmine Prep

2 Camas

2 Central Valley

2 Eisenhower

2 Garfield

2 Kamiakin

2 North Central

GIRLS WSCCCA ALL-STATE TEAM 2016 BY TIME

1	Taylor Roe	10	17:34.1	Lake Stevens	4A
2	Jordan Oakes	12	17:44.0	Holy Names Academy	3A
3	Katie Thronson	11	17:53.7	Lewis and Clark	4A
4	Kearan Nelson	12	18:02.8	Central Valley	4A
5	Erin Mullins	12	18:05.2	Cascade (Leavenworth)	1A
6	Sophia Cantine	12	18:06.1	Lakeside (Seattle)	3A
7	Camila David-Smith	12	18:07.1	Interlake	3A
8	Savanna Craig	12	18:14.8	Mountain View	3A
9	Hannah Waskom	12	18:17.0	Mt Si	4A
10	Emma Jenkins	11	18:21.7	Camas	4A
11	Breanna Glover	11	18:22.3	Tahoma	4A
12	Erinn Hill	9	18:26.6	North Central	3A
13	Rachel Kastama	12	18:27.7	Puyallup	4A
14	Malia Pivec	12	18:29.9	Lynnwood	3A
15	Ellen Burbank	11	18:30.0	Skyview	4A
16	Libby Michael	10	18:30.8	Deer Park	1A
17	Kenna Clawson	11	18:32.4	Issaquah	4A
18	Erica Simison	11	18:32.8	Eisenhower	4A
19	Shannon Gifford	10	18:36.2	Hazen	4A
20	Isa Meyers	11	18:37.5	Northwest	1A
21	Yukino Parle	11	18:38.1	Edmonds-Woodway	3A
22	Elyria Kabasenche	11	18:41.3	Pullman	2A
23	Macenna Hansen	10	18:41.7	Northwest	1A
24	Olivia Meader-Yetter	10	18:41.7	Edmonds-Woodway	3A
25	Abby Johnson	12	18:42.7	Sehome	2A
26	Jane Barr	12	18:42.7	Roosevelt	3A
27	Kate Jendrezak	9	18:43.0	Eastside Catholic	3A
28	Katie Andrus	11	18:43.4	Richland	4A
29	Uhuru Hashimoto	11	18:48.5	Ellensburg	2A
30	Annika Reiss	10	18:48.7	Bellingham	2A
31	Mia Hill	9	18:51.8	North Central	3A
32	Novie McCabe	9	18:51.8	Liberty Bell	B/2B
33	Hannah Barone	11	18:52.0	Mead	4A
34	Leah Holmgren	9	18:52.0	Ellensburg	2A
35	Sami Corman	11	18:53.5	Issaquah	4A
36	Katie Riley	10	18:54.0	Issaquah	4A
37	Rebecca Ledsham	12	18:54.9	Inglemoor	4A
38	Natalie Church	12	18:55.0	Glacier Peak	4A
39	Courtney Gelmini	12	18:55.4	White River	2A
40	Sydney Boland	12	18:55.4	Edmonds-Woodway	3A
41	Abby Smith	11	18:56.5	Lewis and Clark	4A
42	Karli Maenhout	11	18:58.7	Bellarmino Prep	4A
43	Shawnee Konrad	12	18:59.2	Mt Spokane	3A
44	Halle Jenkins	9	19:02.1	Camas	4A
45	Lillian Visser	10	19:02.2	Shorecrest	3A
46	Stephanie Wroblewski	10	19:03.1	Edmonds-Woodway	3A
47	Lily Hayes	11	19:03.2	Garfield	3A
48	Haylee Brodahl	10	19:03.6	Union	4A
49	Madeline Walker	12	19:05.1	Pullman	2A
50	Lizzy Shaw	9	19:05.9	Riverside	1A

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Kearan Nelson	12	18:02.8	Central Valley	4A
Erin Mullins	12	18:05.2	Cascade (Leavenworth)	1A
Sophia Cantine	12	18:06.1	Lakeside (Seattle)	3A
Camila David-Smith	12	18:07.1	Interlake	3A
Savanna Craig	12	18:14.8	Mountain View	3A
Hannah Waskom	12	18:17.0	Mt Si	4A
Rachel Kastama	12	18:27.7	Puyallup	4A
Malia Pivec	12	18:29.9	Lynnwood	3A
Abby Johnson	12	18:42.7	Sehome	2A
Jane Barr	12	18:42.7	Roosevelt	3A
Rebecca Ledsham	12	18:54.9	Inglemoor	4A
Natalie Church	12	18:55.0	Glacier Peak	4A
Courtney Gelmini	12	18:55.4	White River	2A
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Madeline Walker	12	19:05.1	Pullman	2A
Katie Thronson	11	17:53.7	Lewis and Clark	4A
Emma Jenkins	11	18:21.7	Camas	4A
Breanna Glover	11	18:22.3	Tahoma	4A
Ellen Burbank	11	18:30.0	Skyview	4A
Kenna Clawson	11	18:32.4	Issaquah	4A
Erica Simison	11	18:32.8	Eisenhower	4A
Isa Meyers	11	18:37.5	Northwest	1A
Yukino Parle	11	18:38.1	Edmonds-Woodway	3A
Elyria Kabasenche	11	18:41.3	Pullman	2A
Katie Andrus	11	18:43.4	Richland	4A
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Lily Hayes	11	19:03.2	Garfield	3A
Taylor Roe	10	17:34.1	Lake Stevens	4A
Libby Michael	10	18:30.8	Deer Park	1A
Shannon Gifford	10	18:36.2	Hazen	4A
Macenna Hansen	10	18:41.7	Northwest	1A
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Annika Reiss	10	18:48.7	Bellingham	2A
Katie Riley	10	18:54.0	Issaquah	4A
Lillian Visser	10	19:02.2	Shorecrest	3A
Stephanie Wroblewski	10	19:03.1	Edmonds-Woodway	3A
Haylee Brodahl	10	19:03.6	Union	4A
Erinn Hill	9	18:26.6	North Central	3A
Kate Jendrezak	9	18:43.0	Eastside Catholic	3A
Mia Hill	9	18:51.8	North Central	3A
Novie McCabe	9	18:51.8	Liberty Bell	B/2B
Leah Holmgren	9	18:52.0	Ellensburg	2A
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Annika Reiss	10	18:48.7	Bellingham	2A
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Olivia Meader-Yetter	10	18:41.7	Edmonds-Woodway	3A
Sydney Boland	12	18:55.4	Edmonds-Woodway	3A
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Shannon Gifford	10	18:36.2	Hazen	4A
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Kenna Clawson	11	18:32.4	Issaquah	4A
Sami Corman	11	18:53.5	Issaquah	4A
Katie Riley	10	18:54.0	Issaquah	4A
Taylor Roe	10	17:34.1	Lake Stevens	4A
Sophia Cantine	12	18:06.1	Lakeside (Seattle)	3A
Katie Thronson	11	17:53.7	Lewis and Clark	4A
Abby Smith	11	18:56.5	Lewis and Clark	4A
Novie McCabe	9	18:51.8	Liberty Bell	B/2B
Malia Pivec	12	18:29.9	Lynnwood	3A
Hannah Barone	11	18:52.0	Mead	4A
Savanna Craig	12	18:14.8	Mountain View	3A
Hannah Waskom	12	18:17.0	Mt Si	4A
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Madeline Walker	12	19:05.1	Pullman	2A
Rachel Kastama	12	18:27.7	Puyallup	4A
Katie Andrus	11	18:43.4	Richland	4A
Lizzy Shaw	9	19:05.9	Riverside	1A
Jane Barr	12	18:42.7	Roosevelt	3A
Abby Johnson	12	18:42.7	Sehome	2A
Lillian Visser	10	19:02.2	Shorecrest	3A
Ellen Burbank	11	18:30.0	Skyview	4A
Breanna Glover	11	18:22.3	Tahoma	4A
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Katie Andrus	11	18:43.4	Richland	4A
Hannah Barone	11	18:52.0	Mead	4A
Sami Corman	11	18:53.5	Issaquah	4A
Katie Riley	10	18:54.0	Issaquah	4A
Rebecca Ledsham	12	18:54.9	Inglemoor	4A
Natalie Church	12	18:55.0	Glacier Peak	4A
Abby Smith	11	18:56.5	Lewis and Clark	4A
Karli Maenhout	11	18:58.7	Bellarmine Prep	4A
Halle Jenkins	9	19:02.1	Camas	4A
Haylee Brodahl	10	19:03.6	Union	4A
Jordan Oakes	12	17:44.0	Holy Names Academy	3A
Sophia Cantine	12	18:06.1	Lakeside (Seattle)	3A
Camila David-Smith	12	18:07.1	Interlake	3A
Savanna Craig	12	18:14.8	Mountain View	3A
Erinn Hill	9	18:26.6	North Central	3A
Malia Pivec	12	18:29.9	Lynnwood	3A
Yukino Parle	11	18:38.1	Edmonds-Woodway	3A
Olivia Meader-Yetter	10	18:41.7	Edmonds-Woodway	3A
Jane Barr	12	18:42.7	Roosevelt	3A
Kate Jendrezak	9	18:43.0	Eastside Catholic	3A
Mia Hill	9	18:51.8	North Central	3A
Sydney Boland	12	18:55.4	Edmonds-Woodway	3A
Shawnee Konrad	12	18:59.2	Mt Spokane	3A
Lillian Visser	10	19:02.2	Shorecrest	3A
Stephanie Wroblewski	10	19:03.1	Edmonds-Woodway	3A
Lily Hayes	11	19:03.2	Garfield	3A
Elyria Kabasenche	11	18:41.3	Pullman	2A
Abby Johnson	12	18:42.7	Sehome	2A
Uhuru Hashimoto	11	18:48.5	Ellensburg	2A
Annika Reiss	10	18:48.7	Bellingham	2A
Leah Holmgren	9	18:52.0	Ellensburg	2A
Courtney Gelmini	12	18:55.4	White River	2A
Madeline Walker	12	19:05.1	Pullman	2A
Erin Mullins	12	18:05.2	Cascade (Leavenworth)	1A
Libby Michael	10	18:30.8	Deer Park	1A
Isa Meyers	11	18:37.5	Northwest	1A
Macenna Hansen	10	18:41.7	Northwest	1A
Lizzy Shaw	9	19:05.9	Riverside	1A
Novie McCabe	9	18:51.8	Liberty Bell	B/2B

GIRLS WSCCCA 2016 ALL-STATE

Last time 19:06

1:31 from 1 to 50

21 from 4A

16 from 3A

7 from 2A

5 from 1A

1 from 1B/2B

17 Seniors

16 Juniors

10 Sophomores

7 Freshmen

23 All-State in 2016

out of 35 possible

returners from 2015

31 Singles

2 Camas

4 Edmonds-Woodway

2 Ellensburg

3 Issaquah

2 Lewis & Clark

2 North Central

2 Northwest

2 Pullman