

2017 Washington State Cross Country Coaches Poll # 7
 Week of Oct. 16

Rank	Boys 4A	Rank	Girls 4A
1	Central Valley	1	Issaquah
2	Lewis & Clark	2	Camas
3	Camas	3	Lewis & Clark
4	Bellarmine Prep	4	Skyview
5	Eisenhower	5	South Kitsap
6	Tahoma	6	Tahoma
7	Henry Jackson	7	Skyline
8	Issaquah	8	Glacier Peak
9	Ferris	9	Emerald Ridge
10	Glacier Peak	10	Henry Jackson
Others	Mead, Gonzaga Prep, Richland & Enumclaw	Others	Central Valley, Richland & Lake Stevens
Rank	Boys 3A	Rank	Girls 3A
1	Kamiakin	1	North Central
2	Interlake	2	Edmonds-Woodway
3	North Central	3	Ballard
4	Seattle Prep	4	Ingraham
5	Redmond	5	Kamiakin
6	Edmonds-Woodway	6	Redmond
7	Gig Harbor	7	Snohomish
8	Bishop Blanchet	8	Central Kitsap
9	Snohomish	9	Garfield
10	Arlington	10	Bishop Blanchet
Others	Central Kitsap, Lakeside (Seattle) & Franklin	Others	Holy Names Academy, Arlington & Eastside Catholic
Rank	Boys 2A	Rank	Girls 2A
1	Sehome	1	Ellensburg
2	Liberty-Issaquah	2	Selah
3	Selah	3	Sehome
4	Cedarcrest	4	Cedarcrest
5	Pullman	5	West Valley-Spokane
6	Steilacoom	6	Cheney
7	Ridgefield	7	Port Angeles
8	West Valley-Spokane	8	Pullman
9	Ellensburg	9	Tumwater
10	Washougal	10	Liberty-Issaquah
Others	Lynden, Cheney & Tumwater	Others	Bellingham, Washougal & Ridgefield
Rank	Boys 1A	Rank	Girls 1A
1	Medical Lake	1	Northwest
2	Riverside	2	Colville
3	Meridian	3	Charles Wright Academy
4	Northwest	4	LaCenter
5	Charles Wright Academy	5	Riverside
6	Deer Park	6	Deer Park
7	Lynden Christian	7	Zillah
8	Lakeside-Nine Mile	8	King's
9	LaCenter	8	Lakeside-Nine Mile
10	Overlake	10	Meridian
Others	Omak & Zillah	Others	Overlake, South Whidbey & University Prep
Rank	Boys 1B/2B	Rank	Girls 1B/2B
1	Northwest Christian-Lacey	1	Liberty Bell
2	Liberty Bell	2	Northwest Christian-Lacey
3	Asotin	3	Trout Lake
4	St. George's	4	Tri-Cities Prep
5	Tonasket	5	Ilwaco
6	Tri-Cities Prep	Others	Asotin & St. George's
7	Pope John Paul-2		
8	Mary Walker		
9	Mt. Vernon Christian		
10	Manson		
Others	Ilwaco & Three Rivers Christian		

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