

2017 Washington State Cross Country Coaches Poll # 4
 Week of Sept. 25

Rank	Boys 4A	Rank	Girls 4A
1	Central Valley	1	Issaquah
2	Lewis & Clark	2	Camas
3	Camas	3	Lewis & Clark
4	Bellarmine Prep	4	Central Valley
5	Eisenhower	5	Skyview
6	Tahoma	6	South Kitsap
7	Henry Jackson	7	Tahoma
8	Issaquah	8	Emerald Ridge
9	Ferris	9	Union
10	Glacir Peak	10	Glacier Peak
Others	Richland, Gonaza & Mt. Si	Others	Curtis, Newport (Bellevue), Skyline & Curtis
Rank	Boys 3A	Rank	Girls 3A
1	Kamiakin	1	North Central
2	Interlake	2	Ballard
3	North Central	3	Ingraham
4	Seattle Prep	4	Kamiakin
5	Redmond	5	Holy Names Academy
6	Gig Harbor	6	Redmond
7	Edmonds-Woodway	7	Bishop Blanchet
8	Bishop Blanchet	8	Central Kitsap
9	Bainbridge	9	Garfield
10	Ballard	10	Edmonds-Woodway
Others	Central Kitsap, Lakeside (Seattle) & Arlington	Others	Lincoln, Eastside Catholic, Stadium & Snohomish
Rank	Boys 2A	Rank	Girls 2A
1	Sehome	1	Ellensburg
2	Liberty-Issaquah	2	Selah
3	Ridgefield	3	Sehome
4	Cedarcrest	4	Cedarcrest
5	Selah	5	Cheney
6	Washougal	6	Bellingham
7	Ellensburg	7	West Valley-Spokane
8	East Valley-Spokane	8	Pullman
9	Pullman	9	Tumwater
10	Bellingham	10	Liberty-Issaquah
Others	Tumwater, West Valley-Spokane & Cheney	Others	Columbia River, Washougal & Ridgefield
Rank	Boys 1A	Rank	Girls 1A
1	Medical Lake	1	Northwest
2	Riverside	2	Deer Park
3	Deer Park	3	Riverside
4	Meridian	4	Colville
5	Northwest	5	Charles Wright Academy
6	Charles Wright Academy	6	LaCenter
7	Lynden Christian	7	Zillah
8	Lakeside-Nine Mile	8	King's
9	LaCenter	8	Lakeside-Nine Mile
10	Overlake	10	Meridian
Others	Omak, Klahowya & Zillah	Others	Overlake, South Whidbey & University Prep
Rank	Boys 1B/2B	Rank	Girls 1B/2B
1	Northwest Christian-Lacey	1	Liberty Bell
2	Liberty Bell	2	Northwest Christian-Lacey
3	Tri-Cities Prep	3	Northwest Christian-Colbert
4	Asotin	4	Tri-Cities Prep
5	Northwest Christian-Colbert	5	Kalama
6	St. George's	Others	Ilwaco, Trout Lake & Republic
7	Tonasket		
8	Kalama		
9	Manson		
10	Ilwaco		
Others	Pope John Paul-2 & Mary Walker		

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