

2017 Washington State Cross Country Coaches Poll # 3
 Week of Sept. 18

Rank	Boys 4A	Rank	Girls 4A
1	Central Valley	1	Issaquah
2	Lewis & Clark	2	Camas
3	Camas	3	Lewis & Clark
4	Bellarmine Prep	4	Glacier Peak
5	Tahoma	5	Central Valley
6	Eisenhower	6	Skyview
7	Henry Jackson	7	Tahoma
8	Issaquah	8	South Kitsap
9	Ferris	9	Skyline
10	Glacir Peak	10	Handford
Others	Richland & Mt., Si	Others	Richland, Curtis, Newport (Bellevue), Union, & Curtis
Rank	Boys 3A	Rank	Girls 3A
1	Interlake	1	Edmonds-Woodway
2	Kamiakin	2	Shorecrest
3	North Central	3	Holy Names Academy
4	Seattle Prep	4	North Central
5	Edmonds-Woodway	5	Ingraham
6	Redmond	6	Ballard
7	Gig Harbor	7	Redmond
8	Nathan Hale	8	Central Kitsap
9	Bishop Blanchet	9	Garfield
10	Arlington	10	Bishop Blanchet
Others	Central Kitsap, Ballard, Snohomish & Central Kitsap	Others	Lincoln, Bellevue, Stadium & Snohomish
Rank	Boys 2A	Rank	Girls 2A
1	Sehome	1	Ellensburg
2	Liberty-Issaquah	2	Selah
3	Ridgefield	3	Cedarcrest
4	Cedarcrest	4	Cheney
5	Selah	5	Liberty-Issaquah
6	Liberty-Issaquah	6	Pullman
7	Sequim	7	Sehome
8	Ellensburg	8	Tumwater
9	East Valley-Spokane	9	West Valley-Spokane
10	Pullman	10	Bellingham
Others	Bellingham, Ridgefield & Tumwater	Others	Columbia River, Washougal & Ridgefield
Rank	Boys 1A	Rank	Girls 1A
1	Medical Lake	1	Northwest
2	Riverside	2	Deer Park
3	Deer Park	3	Riverside
4	Meridian	4	Charles Wright Academy
5	Northwest	5	LaCenter
6	Charles Wright Academy	6	Lynden Christian
7	Lynden Christian	7	King's
8	Goldendale	8	Colville
9	Lakeside-Nine Mile	8	Meridian
10	LaCenter	10	University Prep
Others	Overlake, University Prep & Cashmere	Others	Overlake, South Whidbey & Okanogan
Rank	Boys 1B/2B	Rank	Girls 1B/2B
1	Northwest Christian-Lacey	1	Liberty Bell
2	Tonasket	2	Northwest Christian-Lacey
3	Liberty Bell	3	Northwest Christian-Colbert
4	Tri-Cities Prep	4	Tri-Cities Prep
5	Asotin	5	Kalama
6	Northwest Christian-Colbert	Others	Ilwaco, Trout Lake & Republic
7	St. George's		
8	Tonasket		
9	Brewster		
10	Cedar Tree Classical		
Others	Manson, Pope John Paul-2 & Kalama		

For further information contact Phil English at the following location:
 Email: englishp@wolfenet.com