

2017 Washington State Cross Country Coaches Poll # 1  
2017 Pre-Season Poll

<b>Rank</b>	<b>Boys 4A</b>	<b>Rank</b>	<b>Girls 4A</b>
1	Central Valley	1	Issaquah
2	Bellarmine Prep	2	Camas
3	Eisenhower	3	Lewis & Clark
4	Tahoma	4	Glacier Peak
5	Glacier Peak	5	Central Valley
6	Ferris	6	Skyview
7	Camas	7	Tahoma
8	Henry Jackson	8	Bellarmine Prep
9	Issaquah	9	Mt. Si
10	Lewis & Clark	10	Skyline
<b>Others</b>	South Kitsap, Skyline, Curtis	<b>Others</b>	Eisenhower, South Kitsap, Lake Stevens and Hazen
<b>Rank</b>	<b>Boys 3A</b>	<b>Rank</b>	<b>Girls 3A</b>
1	Interlake	1	Edmonds-Woodway
2	Kamiakin	2	Shorecrest
3	North Central	3	Bainbridge
4	Gig Harbor	4	Ingraham
5	Arlington	5	Ballard
6	Redmond	6	Holy Names Academy
7	Snohomish	7	Redmond
8	Nathan Hale	8	Lake Washington
9	Edmonds-Woodway	9	Bishop Blanchet
10	Bishop Blanchet	10	Peninsula
<b>Others</b>	Lakes, Everett & O'Dea	<b>Others</b>	Snohomish, Stadium, Capital & Kamiakin
<b>Rank</b>	<b>Boys 2A</b>	<b>Rank</b>	<b>Girls 2A</b>
1	Cedarcrest	1	Selah
2	Liberty-Issaquah	2	Ellensburg
3	Sehome	3	Pullman
4	Selah	4	Bellingham
5	Ridgefield	5	Sehome
6	Cheney	6	West Valley-Spokane
7	Washougal	7	Cedarcrest
8	Ellensburg	8	Port Angeles
9	Lindbergh	9	Liberty-Issaquah
10	Pullman	10	White River
<b>Others</b>	Sequim, Bellingham & West Valley-Spokane	<b>Others</b>	Washougal, Lindbergh & Ridgefield
<b>Rank</b>	<b>Boys 1A</b>	<b>Rank</b>	<b>Girls 1A</b>
1	Medical Lake	1	Northwest
2	Riverside	2	Deer Park
3	Deer Park	3	Riverside
4	Bush	4	LaCenter
5	Northwest	5	Zillah
6	Meridian	6	Bear Creek
7	Columbia-White Salmon	7	Colville
8	Goldendale	8	Meridian
9	Lakeside-Nine Mile	9	King's
10	Chelan	10	Columbia-White Salmon
<b>Others</b>	Charles Wright Academy, Overlake & Royal	<b>Others</b>	Charles Wright Academy, Royal & Nooksack Valley
<b>Rank</b>	<b>Boys 1B/2B</b>	<b>Rank</b>	<b>Girls 1B/2B</b>
1	Liberty Bell	1	Liberty Bell
2	Tonasket	2	Northwest Christian-Lacey
3	Northwest Christian-Lacey	3	Northwest Christian-Colbert
4	Mary Walker	4	Asotin
5	Asotin	5	Rainier
6	Northwest Christian-Colbert	<b>Others</b>	Ilwaco, Morton White Pass & Republic
7	St. George's		
8	Kalama		
9	Brewster		
10	Cedar Tree Classical		
<b>Others</b>	Reardan, Ilwaco, Adna & Mt. Vernon Christian		

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