

EASTMONT INVITE TRACK MEET-APRIL 1, 2005

Girls 100 High Hurdles

1	Cassie Merkley	Cascade	15.47
2	Heidi Dimmit	Wenatchee	17.00
3	Jaime Carver	WF West	17.06
4	Kayli McCallister	Eastmont	17.67
5	Steph Krebs	North Central	17.77
6	Clara Cook	Wenatchee	17.78
7	Ashley Brown	Skyline	17.81
8	Kat Brakman	Skyline	17.96
	Allysen Halsen	Gig Harbor	18.06
	Kayla Walczak	Lynden	18.19
	Lisa Haley	Central Valley	18.22
	Bree LeRoy	Gig Harbor	18.44
	Alaina Smith	North Central	18.55
	Kim Miller	Eastmont	18.93
	Allison Giusti	Central Valley	18.99
	Emily McQuarrie	Lynden	20.94

Girls 300 Low Hurdles

1	Heidi Dimmit	Wenatchee	46.54
2	Jaime Carver	WF West	48.64
3	Clara Cook	Wenatchee	48.77
4	Kat Brackman	Skyline	48.84
5	Kayli McCallister	Eastmont	49.47
6	Alaina Smith	North Central	50.08
7	Amanda Rose	WF West	50.41
8	Angelique Lestienne	Eastmont	50.99
	Beck Lindquist	Lynden	51.63
	Paige Miyazaki	Skyline	52.22
	Allison Giusti	Central Valley	52.36
	Steph Hayes	North Central	55.65
	Katarina Batina	Gig Harbor	57.01
	Justine Meyers	Lynden	57.49

Girls 100 Meter Dash

1	Heidi Hankins	Eastmont	13.01
2	Tiffany Tibbott	Skyline	13.09
3	Jaime Carver	WF West	13.13
4	Katie Schouten	Lynden	13.42
5	Stephanie Hill	Wenatchee	13.52
6	Melissa Peaslee	Gig Harbor	13.60
7	Bree LeRoy	Gig Harbor	13.63
8	Katie Kuntz	Wenatchee	13.80
	Kara Egland	North Central	13.80
	Maria Alderman	Central Valley	13.86
	Haley Lam	Skyline	13.90
	Monica Flom	Eastmont	13.94
	Rachal Burton	Lynden	14.14
	Lakesha Ashley	North Central	14.41
	Annie Wesbeck	Central Valley	14.82

Girls 4x100

1	Eastmont	51.21
2	Wenatchee	51.69
3	Skyline	52.38
4	Lynden	53.86
5	Central Valley	54.94

Girls 4x200

1	Skyline	1:52.87
2	Eastmont	1:53.76
3	North Central	1:57.24
4	Central Valley	1:58.65
5	Gig Harbor	2:02.64
6	Lynden	2:03.24

Girls Discus

1	Amy Guest	North Central	100-09
2	Taylor Hacker	Gig Harbor	98-09
3	Heather Troyer	Central Valley	95-00
4	Rachel Doyle	Gig Harbor	91-02
5	Colleen Cadagan	North Central	89-09
6	Sarah Martinez	Eastmont	88-09
7	Aislinn Hays	Wenatchee	85-11
8	Lanae Gilmore	Eastmont	83-10
	Betsy Schultz	WF West	83-03
	Sarah Arndt	Wenatchee	82-06
	Becky Schultz	WF West	79-08
	Molly Olson	Central Valley	77-06
	Holly Swartos	Lynden	70-09
	Arielle Lien	Skyline	65-10
	Caylan Murray	Skyline	62-09
	Vivian Sherman	Lynden	61-09

Girls Long Jump

1	Cassie Meekley	Cascade	15-06
2	Ashley Lannoye	Eastmont	15-02.25
3	Cara Strelke	Skyline	15-00.5
4	Allysen Hazsen	Gig Harbor	14-10.5
5	Rachel Gellatly	Wenatchee	14-09.5
6	Emily Olson	Gig Harbor	13-11.75
7	Becky Lindquist	Lynden	13-09.5
8	Alie Hansen	North Central	13-05
	Marissa Schlaich	Central Valley	13-02.5
	Aileen Dean	North Central	12-08.5
	Karleen Simon	Central Valley	12-04.5
	Justine Mixers	Lynden	12-04.25
	Lauren Dotter	Eastmont	12-02.5
	Yakobchuk	Wenatchee	12-02.0
	Annie Hardenburgh	Skyline	11-07.0

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Girls 200 Meter Dash

1	Anna Walters	North Central	26.69
2	Heidi Hankins	Eastmont	26.99
3	Morgan Clem	Eastmont	27.26
4	Tiffany Tibbot	Skyline	27.28
5	Katie Schouten	Lynden	27.70
6	Megan O'Connell	Skyline	27.72
7	Stephanie Hill	Wenatchee	27.99
8	Stephanie Sipes	Gig Harbor	28.15
	Adrienne Duvall	Central Valley	28.80
	Kara Beard	Wenatchee	29.07
	Mallorie Frieske	North Central	29.44
	Jessica Cook	Central Valley	30.31

Girls Javelin

1	Cassie Merkley	Cascade	136-10
2	Jessica Susemiehl	North Central	128-01
3	Shantel Haugen	North Central	124-10
4	Elizabeth Betterbed	Gig Harbor	93-00
5	Emily Dunlap	Eastmont	92-09
6	Sarah Arndt	Wenatchee	90-01
7	Megan Filer	WF West	88-06
8	Alyssa Hood	Central Valley	88-04
	Stacy Knabel	WF West	81-00
	Holly Swartos	Lynden	80-03
	Aislinn Hays	Wenatchee	78-10
	Rachel Chowning	Eastmont	78-05
	Shayla Roberts	Central Valley	73-10
	Ashley Stanton	Gig Harbor	67-02
	Vivian Sherman	Lynden	46-04

Girls 400 Meter Dash

1	Anna Walters	North Central	59.79
2	Megan O'Connell	Skyline	60.61
3	Katie Schouten	Lynden	62.79
4	Justine Jobe	Skyline	63.44
5	Adienne Duval	Central Valley	64.49
6	Amanda Andrews	Gig Harbor	64.55
7	Karly Fischer	Gig Harbor	64.69
8	Maria Alderman	Central Valley	66.07
	Kim Miller	Eastmont	67.38
	Carin Becker	Eastmont	67.56
	Stacy Vanderhoff	Wenatchee	70.59
	Dominique Lapattenier	Lynden	73.04

Girls Shotput

1	Lucy Carlson	North Central	36-11
2	Taylor Hacker	Gig Harbor	32-11
3	Chelsea Wordell	North Central	32-10.5
4	Heather Troyer	Central Valley	32-01
5	Sarah Arndt	Wenatchee	31-11.5
6	Lanae Gilmore	Eastmont	30-06.5
7	Aislinn Hays	Wenatchee	29-04
8	Robyn Simmons	WF West	29-04
	Becky Hickman	Central Valley	29-03
	Cailan Murray	Skyline	29-01
	Holly Swartos	Lynden	26-02.5
	Sarah Martinez	Eastmont	26-01.5
	Becka McLaughlin	Gig Harbor	25-10.5
	Jessi Thomas	Lynden	19-05

Girls 800 Meter Run

1	Morgan Dunley	Wenatchee	2:24.39
2	Kristen Ballinger	Wenatchee	2:24.55
3	Whitney Ramsey	North Central	2:25.29
4	Anna Kalbrenner	Gig Harbor	2:26.32
5	Emily Tolbert	Skyline	2:26.79
6	Mary Graesser	North Central	2:26.80
7	Gabrielle Seifert	Gig Harbor	2:28.44
8	Amy Keiper	Lynden	2:30.03
	Shawna Carlson	WF West	2:31.54
	Dezarae Scott	Eastmont	2:31.88
	Anna Layman	Central Valley	2:35.74
	Melanie Banna	Central Valley	2:42.65
	Katie Murphy	Lynden	2:44.40

Girls Triple Jump

1	Natalie Gibbons	Wenatchee	32-11.25
2	Allysen Halsen	Gig Harbor	32-06
3	Ashley Lannoye	Eastmont	31-10.5
4	Rachel Gellatly	Wenatchee	31-06.5
5	Amanda Rose	WF West	31-00
6	Kara Komarziok	Gig Harbor	30-06.75
7	Alie Hansen	North Central	30-00.25
8	Lauren Dotter	Eastmont	29-03.25
	Kirsten Swanson	Central Valley	28-10
	Lindsay Giampietri	North Central	28-09.5
	Holly Stromgren	Skyline	27-03

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Girls 1600 Meter Run

1	Stephanie Sipes	Gig Harbor	5:14.28
2	Kristen Ballinger	Wenatchee	5:15.02
3	Kesslee Payne	Gig Harbor	5:17.85
4	McKenzie Barney	Skyline	5:23.53
5	Mary Graesser	North Central	5:23.91
6	Emily Frankland	Skyline	5:32.55
7	Kate Stuart	Gig Harbor	5:32.96
8	Justine Bowman	Central Valley	5:36.65
	Emma Mean	Central Valley	5:38.34
	Shawna Carlson	WF West	5:59.77
	Kaylyn Kline	North Central	6:15.42
	Heather Grambo	Lynden	6:20.30
	Laura Dice	Wenatchee	6:20.58
	Charlie Clark	Lynden	6:32.85

Girls High Jump

1	Cassie Merkley	Cascade	5-04.0
2	Jenna Haven	Eastmont	5-01.0
3	Vanessa Groh	North Central	5-00.0
4	Erin Hacker	Gig Harbor	5-00.0
5	Katie Kuntz	Wenatchee	4-10.0
6	Lindsey Parlischak	Central Valley	4-10.0
7	Clara Cook	Wenatchee	4-10.0
8	Bree LeRoy	Gig Harbor	4-08.0
	Cara Strelke	Skyline	4-06.0
	Annie Hardenburgh	Skyline	4-06.0
	Amanda Eyrich	North Central	4-06.0
	Alexa Heustis	WF West	4-04.0

Girls 3200 Meter Run

1	Sarah Riddell	Skyline	11:58.53
2	Cassie Villnow	Skyline	12:05.59
3	Elizabeth Betterbed	Gig Harbor	12:18.13
4	Meaghan McKluskey	Gig Harbor	12:28.83
5	Kayla Pattison	North Central	12:50.67
6	Bridget Bentley	Wenatchee	12:57.96
7	Breanne Ehlert	Central Valley	13:01.09
8	Camille Carter	Central Valley	13:10.71
9	Amy Grambo	Lynden	14:22.96
10	Kendra Louws	Lynden	14:23.71
11	Andrea Boucher	WF West	14:51.03

Girls Pole Vault

1	Melissa Peaslee	Gig Harbor	10-00.0
2	Lisa Galbraith	Wenatchee	9-06.0
3	Krista Hoffman	North Central	9-00.0
4	Alexa Heustis	WF West	8-06.0
5	Lacey Radach	Eastmont	8-00.0
6	Ashley Brandt	Eastmont	8-00.0
7T	Maria Alderman	Central Valley	8-00.0
7T	Courtney Bratrude	Wenatchee	8-00.0
7T	Bobbi Hickman	North Central	8-00.0
	Annie Weisbeck	Central Valley	7-06.0
	Erin Harbour	WF West	7-06.0

Girls 4x400

1	Wenatchee	4:04.42
2	Eastmont	4:07.54
3	North Central	4:07.71
4	Skyline	4:09.98
5	Gig Harbor	4:15.21
6	Central Valley	4:28.68
7	WF West	4:32.33
8	Lynden	4:47.04

GIRLS SCORING

1	Wenatchee	126
2	Gig Harbor	116
3	North Central	116
4	Eastmont	101
5	Skyline	94
6	Cascade	40
7	Central Valley	37
8	WF West	36
9	Lynden	11