

# EASTMONT INVITE TRACK MEET-APRIL 1, 2005

## Boys 110 High Hurdles

1	Tom Ballinger	Wenatchee	14.71
2	Drew Lackman	Gig Harbor	15.44
3	Brandon Graef	Skyline	15.99
4	Garrison Coy	Gig Harbor	16.01
5	Caleb Bugg	Eastmont	16.25
6	Wes Hovde	Eastmont	16.50
7	Mark Simpson	North Central	16.54
8	David Butler	North Central	17.37
	Josh Marcus	Central Valley	18.13
	Jessi Spaun	Eastmont	18.29
	Chris Bolt	Lynden	18.50
	Spencer Washburn	Skyline	18.59
	Tim Hansen	Central Valley	20.64
	Levi Langstraat	Lynden	20.98
	Luke Henke	Wenatchee	22.36

## Boys 300 Inter Hurdles

1	Tom Ballinger	Wenatchee	39.28
2	Caleb Bugg	Eastmont	41.21
3	Drew Lackman	Gig Harbor	41.85
4	Garrison Coy	Gig Harbor	42.10
5	Wes Hovde	Eastmont	42.93
6	Josh Wingen	Skyline	43.34
7	Donny Graves	Eastmont	43.83
8	Josh Markus	Central Valley	44.78
	Stephen Johnson	Lynden	45.45
	Brandon Tonge	Wenatchee	45.70
	Matt Bauman	Central Valley	46.50
	Tom Patton	North Central	47.42
	Dale Morrison	WF West	48.50
	Trevor Elliot	WF West	49.16
	Josh Elke	Lynden	50.08
	David Olson	North Central	50.28

## Boys 100 Meter Dash

1	Josh Jones	Gig Harbor	11.44
2	Shane Thomas	North Central	11.48
3	Brian McGee	Gig Harbor	11.70
4	J.T. Washington	North Central	11.77
5	Chris Ogden	Skyline	11.90
6	Curt Powell	Lynden	11.99
7	Beau Hanson	WF West	12.01
8	Dan Simmons	Eastmont	12.05
	Nick Springer	Skyline	12.11
	Austin Fiones	Wenatchee	12.15
	Jerod Kynaston	Central Valley	12.34
	Alex Haley	Eastmont	12.50
	Jeremy Garret	Wenatchee	12.70
	Aaron Hamilton	Lynden	13.32

## Boys 4x100 Relay

1	Gig Harbor	44.67
2	North Central	44.97
3	Eastmont	45.12
4	Central Valley	45.22
5	Skyline	45.75
6	Lynden	46.27
7	Wenatchee	46.82
8	WF West	47.19

## Boys 4x400 Relay

1	Eastmont	3:35.22
2	Wenatchee	3:36.81
3	North Central	3:37.61
4	Central Valley	3:38.13
5	Lynden	3:38.57
6	Skyline	3:42.46
7	Gig Harbor	3:42.64
8	WF West	3:58.44

## Boys Javelin

1	Travis Rund	Central Valley	178-05
2	Beau Hanson	WF West	167-06
3	Micah Haven	Eastmont	164-05
4	Mike Hughes	Gig Harbor	163-08
5	Grant Dunn	Eastmont	153-01
6	Alex Francis	Skyline	148-07
7	Jason Lorenson	Wenatchee	146-05
8	Chris Canning	North Central	144-05
	Michael Zacher	Wenatchee	141-02
	Chris Bolt	Lynden	137-00
	Thad Swanson	WF West	134-01
	Orian Buske	North Central	129-10
	Sheldon Gudde	Lynden	128-03
	Brain Conley	Central Valley	123-10
	Brandon Adams	Skyline	120-09

## Boys Shotput

1	Kenny Alfred	Gig Harbor	59-01
2	Dincer Kayhan	Gig Harbor	49-08.5
3	Grant Dunn	Eastmont	47-01.5
4	Alex Francis	Skyline	45-06.5
5	Steve Walsh	Central Valley	45-01
6	Jeff Kintner	Wenatchee	43-11
7	Rayce Barnes	Wenatchee	42-07
8	Andrew Ulrich	WF West	42-05
	C.E. Kaiser	Central Valley	42-01
	Pete Lind	Eastmont	40-02
	Sam Levenson	Skyline	38-07
	Colton Young	North Central	36-05
	Shale Simmons	North Central	35-05
	Tom Zulstra	Lynden	29-09
	David Pressler	Lynden	29-03

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## Boys 200 Meter Dash

1	Tom Ballinger	Wenatchee	22.87
2	Josh Jones	Gig Harbor	22.94
3	Shane Thomas	North Central	23.21
4	Derek Schuh	Central Valley	23.85
5	Kenny Van Horn	Eastmont	24.07
6	Austin Flonas	Wenatchee	24.22
7	J.T. Washington	North Central	24.27
8	Matt O'Connell	Skyline	24.57
	Brian McGee	Gig Harbor	24.64
	Braden Weeks	Lynden	24.67
	Luke Perkins	Central Valley	24.71
	Alex Haley	Eastmont	25.10
	Nick Springer	Skyline	25.22
	Brady Bomber	Lynden	26.55

## Boys Discus

1	Grant Dunn	Eastmont	137-03
2	Kenny Alfred	Gig Harbor	137-00
3	CE Kaiser	Central Valley	134-02
4	Steve Walsh	Central Valley	131-05
5	Jeff Kintner	Wenatchee	127-08
6	Chris England	WF West	125-04
7	Moises Cortez	Eastmont	121-06
8	Michael Zacher	Wenatchee	116-04
	Gary Plumlee	North Central	115-05
	Shale Simmons	North Central	111-04
	Brice Leahy	Gig Harbor	103-08
	Sam Levenson	Skyline	99-02
	Tom Zylstra	Lynden	89-00
	David Pressler	Lynden	79-01

## Boys 400 Meter Dash

1	David Dukes	Gig Harbor	52.42
2	Brad Ferguson	Central Valley	52.75
3	Nick Lolos	Eastmont	53.56
4	Colby Croft	Lynden	53.94
5	Matt O'Connell	Skyline	54.29
6	Aaron McGregor	Eastmont	54.33
7	David Churchill	Central Valley	54.94
8	Brent Kaplan	WF West	55.05
	Dave Bennion	Wenatchee	56.01
	Curt Powell	Lynden	56.51
	Blake Helm	Wenatchee	56.71
	Blake Springer	Skyline	57.87
	David Butler	North Central	58.87
	Shane Snyder	North Central	60.91

## Boys Long Jump

1	Jeff Kaune	Gig Harbor	21-11
2	Levi Knudson	Gig Harbor	20-01
3	Brent Kaplan	WF West	19-05.5
4	Luke Perkins	Central Valley	19-05
5	Tim Chernak	Wenatchee	18-10.5
6	Augie Bendtson	Eastmont	18-10
7	Ken Van Horn	Eastmont	18-08.5
8	Derek Campbell	North Central	18-05
	Stephan Johnson	Lynden	17-08.5
	Braden Weeks	Lynden	17-07
	Darrell Jackson	Wenatchee	17-03
	Charles Hairston	Central Valley	17-02
	Grant Kising	Skyline	17-00
	Nick Vargus	Skyline	16-05

## Boys 800 Meter Run

1	Nick Abraham	Skyline	1:59.96
2	Chad Florian	North Central	1:59.99
3	Charlie Williams	Gig Harbor	2:02.41
4	Joseph Garcia	Wenatchee	2:07.52
5	Brandon Close	Central Valley	2:09.69
6	Sean Coyle	Central Valley	2:09.94
7	Rick Bennet	Gig Harbor	2:11.60
8	Eric Davies	Eastmont	2:12.44
	Tyler Krueger	Skyline	2:12.45
	Luke Davies	Eastmont	2:14.07
	Brenton Wilson	Wenatchee	2:14.82
	Nate McQuarrie	Lynden	2:16.41
	Rob Silva	Lynden	2:19.19
	Josh Sauer	WF West	2:28.61

## Boys Triple Jump

1	Jeff Kaune	Gig Harbor	44-07
2	Kris Kittridge	Central Valley	40-05
3	Garrison Coy	Gig Harbor	39-05.5
4	Derek Campbell	North Central	39-05
5	Pat Metzger	Central Valley	39-04.5
6	Tobin Dubue	Lynden	38-07
7	Darrell Jackson	Wenatchee	38-02
8	Alex Carlson	Skyline	37-00
	Alex Holland	Skyline	36-00
	Dan Simmons	Eastmont	35-09
	JC Matson	WF West	35-09
	Brady Bember	Lynden	35-00

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## Boys 1600 Meter Run

1	Tommy Betterbed	Gig Harbor	4:21.01
2	Roger Barnhart	Eastmont	4:32.76
3	Jake Sanders	North Central	4:34.60
4	Sean Coyle	Central Valley	4:34.85
5	Andrew Scott	North Central	4:38.30
6	Jose Garza	Wenatchee	4:47.60
7	Alex Blackburn	Central Valley	4:47.92
8	Lorenzo Molina	Skyline	4:48.48
	Rob Silva	Lynden	5:10.35
	Josh Sauer	WF West	5:11.22
	David Boschma	Lynden	5:19.17
	Josh Flessner	Skyline	5:36.82

## Boys High Jump

1	Shane Thoman	North Central	6-00.0
3	Tyler Folk	Central Valley	5-10.0
2	Aaran Grothe	Central Valley	5-10.0
4	Dan Simmons	Eastmont	5-06.0
5T	Ben Shea	Wenatchee	5-04.0
5T	Blake Helm	Wenatchee	5-04.0
5T	Levi Longstreat	Lynden	5-04.0
8	Mike Stratton	North Central	5-04.0
	Chris Bolt	Lynden	5-04.0

## Boys 3200 Meter Run

1	Luke Graesser	North Central	9:39.59
2	Matt Frerker	Skyline	9:41.14
3	Caleb Jahay	North Central	9:41.91
4	Miles Unterrisner	Gig Harbor	10:07.08
5	Nathan Damiano	Central Valley	10:10.41
6	Jose Garza	Wenatchee	10:17.53
7	Roger Barnhart	Eastmont	10:22.45
8	Tyler Sturman	Central Valley	10:30.58
	Paul Treadway	Skyline	10:31.24
	Mark Davis	Gig Harbor	10:40.64
	Brandon Voth	Lynden	12:04.07
	Chava Mendez	WF West	12:12.00

## Boys Pole Vault

1	Mark Simpson	North Central	13-06.0
2	Tyson Baldwin	Gig Harbor	13-00.0
3	Ben Shea	Wenatchee	12-00.0
4	Travis Norwick	Eastmont	11-06.0
5	Chris Northington	Central Valley	11-00.0
6	Jace Goulart	Central Valley	10-06.0
7	Carter Nell	Eastmont	10-06.0
8T	Joey Mount	WF West	9-06.0
8T	Nick Lackman	Gig Harbor	9-06.0
10	Tyler Bonnett	North Central	9-06.0

## Boys Scoring

1	Gig Harbor	158
2	Eastmont	104
3	Central Valley	103
4	North Central	92
5	Wenatchee	73
6	Skyline	52
7	WF West	24
8	Lynden	7

## Weightman's Relay

1	WF West	49.57
2	Wenatchee	50.68
3	North Central	51.56
4	Eastmont	53.93
5	Central Valley	55.84
6	Lynden	60.01